

SASH MAT:

Your guide to a Successful Home Infusion

Use the letters “SASH” to help remember the order for flushing your catheter (steps 1-4).

S

Step 1

Saline Flush

A

Step 2

Administration of medication

S

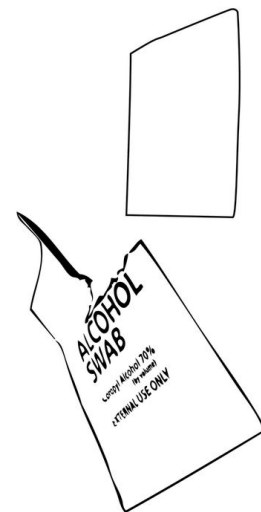
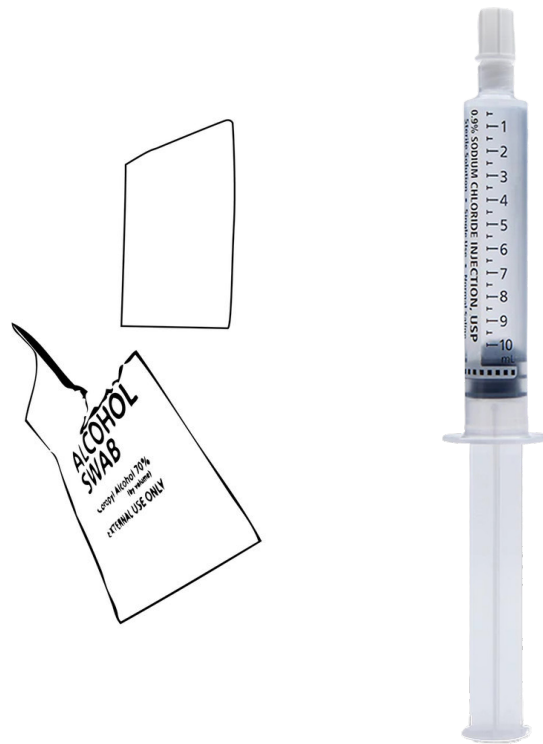
Step 3

Saline Flush

H

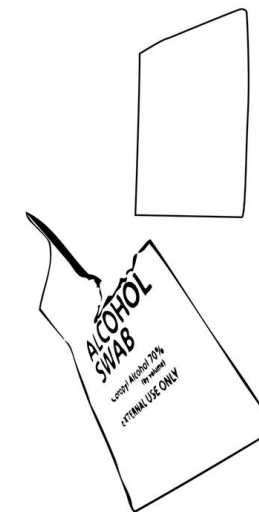
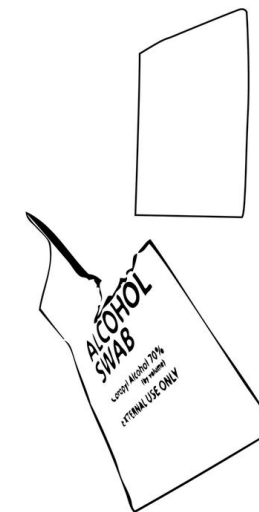
Step 4

Heparin flush (if ordered)



A Administration of medication

Please refer to the administration guide for specific directions.



1. Clean work area with soap and water or disinfectant.
2. Wash hands for 20 seconds with antibacterial soap and warm water or use hand sanitizer.
3. Scrub the needle-free connector using an alcohol pad for at least 15 seconds and allow it to air dry.
4. Unclamp your catheter (if clamp present).

5. To use the syringe remove the tip cap from the end and attach to the needle-free connector using a twisting and pushing motion in a clockwise direction until secure.



6. Flush your needle-free connector using a saline flush in the amount ordered.
NOTE: If you have trouble flushing your line or if you experience pain, STOP, do not continue. Call your nurse or pharmacy for instructions.
7. Administer the medication as prescribed. Refer to the medication administration guide for specific directions.
8. When the medication infusion is complete, disconnect from needle-free connector.
9. Scrub the needle-free connector using an alcohol pad for at least 15 seconds and allow it to air dry.
10. Flush your needle-free connector using a saline flush in the amount ordered.

11. Again, scrub the needle-free connector using an alcohol pad for at least 15 seconds and allow it to air dry.
12. Flush using a heparin flush (if ordered) in the amount ordered.
13. Clamp your catheter (if clamp present).

Reminders

- Use a new alcohol pad with each step.
- **DO NOT** reuse any syringe. Throw away after use.
- **DO NOT** touch the tip of the uncapped syringe with your fingers or let it touch any surfaces. If this happens, throw away the syringe & use a new one.

HAND WASHING

Your guide to proper hand cleaning

Follow the instructions below to help prevent infection.

It is important to wash your hands before and after you work with your catheter, medication and supplies, to help prevent infection. For best results, use a liquid soap rather than a bar soap, and follow these instructions:

1. Turn on the sink faucet and wet your hands & wrists under warm running water. Leave the faucet on.

2. Apply enough liquid soap to cover all hand surfaces. Rub hands together, palm to palm, covering all surfaces of both hands, all fingers and your thumbs. Use a nail brush if needed. Scrub thoroughly for **AT LEAST 20 SECONDS**, or as long as singing "Happy Birthday" twice.

3. Rinse your hands to remove all soap and dry them thoroughly. Dry them with a paper towel or clean (unused) hand towel.

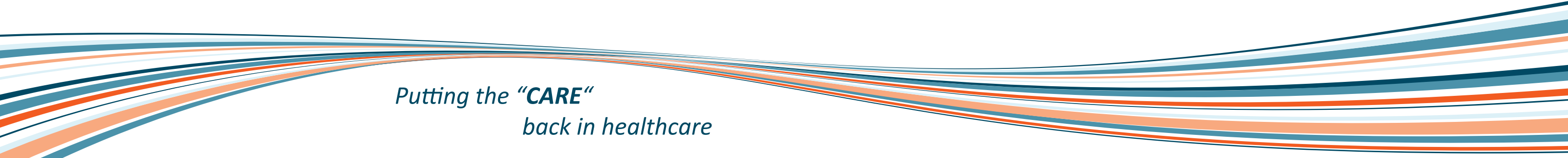
4. After drying your hands, use the same towel to turn off the faucet. **DO NOT** touch the faucet directly with your clean hands.

5. Once your hands are clean, make sure they do not come in contact with unclean surfaces. If you cough, sneeze or pick up something from the floor, you will need to rewash your hands before continuing.

		
Wet hands with water	Apply enough soap to cover all hand surfaces	Rub hands palm-to-palm
		
Right palm over left with interlaced fingers and vice versa	Palm to palm with fingers interlaced	Backs of fingers to opposing palms with fingers interlocked
		
Rotational rubbing of left thumb clasped in right palm and vice versa	Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm & vice versa	Rinse hands with water
		
Dry thoroughly with a single-use towel	Use towel to turn off faucet	...and your hands are safe

NOTES:

Use an **alcohol-based hand sanitizer** if you don't have immediate access to soap and water.



*Putting the "CARE"
back in healthcare*